

Course Outline for: NURS 1150 Parent Child Nursing**A. Course Description**

1. Number of credits: 2
2. Lecture hours per week: 2
3. Prerequisites: NURS 1000 Role of the Professional Nurse
NURS 1050 Foundations of Health Assessment
NURS 1070 Foundations of Health Assessment Clinical 1 or
NURS 1020 Transition to the Role of the Professional Nurse
BIOL 2042 Human Physiology
BIOL 2044 Introductory Microbiology
4. Corequisites: NURS 1100 Health Promotion
NURS 1120 Health Promotion Clinical 2
NURS 1160 Parent Child Nursing Clinical 3
5. MnTC Goals: None

This course focuses on concepts related to the nursing care of the childbearing family and the childrearing family from infancy to adolescence. Emphasis is placed on understanding and application of maternal child health knowledge and pediatric growth and development theory through an integrative, holistic, safe, equitable lens of care.

B. Date last reviewed/updated: November 2023

C. Outline of Major Content Areas

1. Professional Integrity
 - A. Attributes and Roles of a Nurse
 - i. Professionalism
 - B. Care Competencies
 - i. Quality & Safety
 - ii. Care Coordination
2. Physiological Integrity
 - A. Regulation
 - i. Fluid & Electrolyte Balance
 - ii. Thermoregulation
 - iii. Intracranial Regulation
 - iv. Metabolism
 - v. Nutrition
 - vi. Elimination
 - vii. Sexuality & Reproduction
 - viii. Oxygenation
 - ix. Perfusion
 - B. Protection and Movement
 - i. Immunity
 - ii. Comfort

- iii. Mobility
 - iv. Rest
- 3. Psychosocial Integrity
 - A. Psychosocial Homeostasis
 - i. Family Dynamics
 - ii. Culture/Spirituality
 - iii. Motivation/Adherence
 - iv. Cognitive Function
- 4. Lifespan
 - A. Health Equity
 - i. Determinants of Health

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Examine the role of the professional nurse, and one's personal beliefs, values, and biases as they relate to equitable care of the childbearing/childrearing family population.
2. Integrate knowledge to inform decision-making to guide safe care of the childbearing/childrearing family population.
3. Identify factors designed to promote safety in health care settings of the childbearing/childrearing family populations.

E. Methods for Assessing Student Learning

Each semester, cognitive learning will be evaluated by written examinations and quizzes, including alternative format, written, and reflection assignments. Rubrics will be used. The student must obtain a 78% or greater in order to pass.

F. Special Information

Refer to nursing student handbook for additional details.